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# Cyber Insurance Concepts for the MIS and Business Curriculum

Dana Schwieger  
dschwieger@semo.edu  
Department of Management

Christine Ladwig  
cladwig@semo.edu  
Department of Marketing

Southeast Missouri State University  
Cape Girardeau, MO 63701

## Abstract

As the twenty-first century advances technologically, the era is also becoming notorious for the rise of organized cybercrime and attacks on business information and operations. Company data and intellectual property are considered the “New Oil” that generates value for organizations and their constituents. With the escalating number of cybersecurity incidents, businesses—especially small and medium-sized enterprises (SMEs)—are increasingly at risk of compromise and economic debilitation. Therefore, current and future business students would benefit from awareness of unfamiliar measures, such as cyber insurance, which can potentially reduce the devastating effects of a cyber incident. In this paper, the authors describe cyber insurance, present a framework that could be incorporated into the classroom to teach risk management techniques, and provide exercise resources.

**Keywords:** Cyber insurance, Teaching strategies, Cyber defense education, Risk management

## 1. INTRODUCTION

The far-reaching effects of the SolarWinds cyber and the Colonial Pipeline ransomware attacks provided a wake-up call to American businesses and consumers. The White House recognized the seriousness of the vulnerabilities faced by Americans and, on Thursday, June 3<sup>rd</sup>, 2021, issued a letter to business leaders encouraging them to be vigilant in protecting their organizations from ransomware attacks. In the letter, Christopher Wray, Director of the FBI, likened the attacks to the terrorism of September 11, 2001 (Mitchell, 2021).

A 2020 survey conducted by the New York State Department of Financial Services (DFS) found a 180% increase in ransomware claims between 2018 and 2019; the survey also noted that the

average cost of associated claims rose 150%. The numbers continue to escalate with the department reporting that claims nearly doubled in 2020 (Dullea & Levy, 2021).

Due to the rapidly growing number and sophistication of cybersecurity incidents, it is crucial that current and future business professionals be familiar with measures that organizations can take to mitigate and reduce risks. In general, undergraduate business programs typically offer a MIS course as part of the core business curriculum, or as an elective that all college of business students can take. Almost all undergraduate Introduction to Management Information Systems (MIS) textbooks contain a chapter introducing students to information systems security concepts. Therefore, the MIS course provides a great

opportunity to expand general business students' knowledge of risk management techniques and cyber defense tactics for protecting the data of their future employers (Frydenberg & Lorenz, 2020).

One concept that has received little attention in both the MIS curriculum and industry is cyber insurance. Many business leaders are unfamiliar with cyber insurance and its associated risk management requirements. Insurance rater AM Best Company noted that cyber insurance is now a primary component of corporations' risk management and insurance purchasing decisions (AM Best, 2021). In this paper, the authors discuss the growing need for general business students to be aware of cyber insurance, cyber defenses, risk management devices, and policies required before such insurance may be secured. They also then suggest strategies for incorporating these topics into business curriculums.

## 2. CALL TO ACTION

A 2017 article in The Association of Collegiate Schools of Business' (AACSB) BizEd magazine advocated for the incorporation of cybersecurity content coverage in higher education business courses (Weiser & Conn, 2017). After most universities had moved to an online format in response to COVID-19, an article in AACSB's *Insights* noted that times of crises often create innovations with lasting longevities. The author encouraged business schools to use their developing cyber practices to "...infuse cyber hygiene into every course of study" (Limayem, 2020). Recently, FBI Director Christopher Wray noted that, "There's a shared responsibility, not just across government agencies but across the private sector and even the average American" to prevent the disruption caused by cyberattacks (Mitchell, 2021).

Knapp, Maurer, and Plachkinova (2017) noted that a growing number of colleges and universities are offering specialized programs in cyber security. A search for the phrase "cyber security education" yielded a number of articles describing cyber security programs around the world. However, in a 2021 article in Cyber Insurance Academy, the author noted that "...insurance professionals lack the basic technical knowledge needed to carry an intelligent conversation with clients about cyber insurance" (Simkin, 2021). Steps, however, are beginning to be taken in that direction with the development of an interdisciplinary, open, general education cybersecurity course (Payne, et. al., 2021).

The article describing the course mentions a discussion assignment in which cyber insurance is one of the many types of businesses created within the cybersecurity domain. However, cyber insurance, as well as the risk management devices and policies that insurers are requiring for securing such coverage, should be addressed in greater detail. The U.S. Government's Cybersecurity and Infrastructure Security Agency (CISA) has recognized that need for some time. Since 2012, the CISA has partnered with various stakeholders, including academia, to find ways to expand the cybersecurity insurance market's ability to address the area of cyber risk (CISA, 2021).

The following sections provide a primer focusing on cyber insurance concepts. The sections describe cyber insurance, the first defined framework used by insurers to evaluate corporate cyber risk, steps that companies can take to address risk using the framework, and suggestions for incorporating this material into learning programs including discussion questions and a student-tested security mini-case exercise.

## 3. CYBER INSURANCE: WHAT IS IT?

The CISA described cybersecurity insurance as being "designed to mitigate losses from a variety of cyber incidents including data breaches, business interruption, and network damage" (2021). Cybercrime can take many forms, including ransomware, malware, phishing, IP theft, and Distributed Denial of Service attacks (DDoS), among others. The CISA believes that requirements for obtaining cyber insurance have the potential for reducing devastating cyber security attacks. The reduction would result from the preventative measures insureds would institute to qualify for insurance and lower premium charges (CISA, 2019).

Should a company be involved in a data breach, it may face both direct losses to the business as well as liability to others. Some of the costs that a company may incur include: forensics for determining the extent of the breach; legal expenses to determine the appropriate response to the breach; notification to those affected by the breach; establishment of a hotline, credit or identity monitoring for those affected by the breach; documenting the attack; quarantining the compromised hardware and software; containing and eliminating the threat; analyzing activity logs; implementing security improvements; costs of the actual losses from the breach; possible lawsuits resulting from the

breach; legal defense costs; missed sales due to system downtime; canceled contracts with business partners; lost customers; activities to minimize the loss of customers; damage to the business' reputation; a public relations firm for damage control; costs to acquire new customers; regulatory penalties and fines; and other costs (Durfey-Hoover\_Bowden, 2021; Milne, 2021). If the breach results from a ransomware attack, the company may decide to include the additional cost of paying the ransom. However, ransom payment does not guarantee data recovery and some attackers are keeping copies of the data for future income from double extortion (Tuttle, 2021).

Following the Colonial Pipeline ransomware incident in May 2021, experts believe that both state and federal governments will soon begin requiring companies to secure cyber insurance policies. Obtaining those policies will be difficult without first bolstering infrastructure and cyber defenses within the organization. Peter Halprin of Pasich LLP (an insurance recovery law firm) suggests that regulators, like New York's DFS, are "putting the onus on companies to prioritize cybersecurity." Businesses cannot take an "ostrich-like head-in-the-sand approach" by "discovering vulnerabilities and [then] ignoring them." (Rice, 2021).

#### **4. CURRENT STATUS OF THE CYBER INSURANCE INDUSTRY**

AM Best reported that the number of standalone cyber insurance policies increased 28% in 2020, evidence of the growing concern about cyber risk (AM Best, 2021). Coalition, Inc., a cyber insurance provider, published a report examining their policyholder claims for the second half of 2021. They noted an increase in average claim costs between the first and second halves of the year. They reported that average claim costs, in relation to business revenue size, were \$149,427 (revenues less than \$25 million), \$303,925 (revenues between \$25 and \$100 million), and \$357,659 for business earning \$100+ million in revenues (Coalition, 2022).

In the 2020 annual survey on cybersecurity insurance policies conducted by the National Association of Insurance Commissioners (NAIC), the organization found that the amount of cyber insurance premiums more than doubled from 2015 to roughly \$3.15 billion in 2019 (Matthews, 2020). In addition, the 2019 average loss ratio for those reporting rose from 34.5% in 2018 to 48.2% in 2019 (Matthews, 2020).

The increase in premium cost is understandable when considering the losses incurred by a breach. For example, in a study conducted by IBM Security and the Ponemon Institute of 537 real breaches across 17 different countries and 17 different industries, the researchers found for 2021 that the average per record (per capita) cost of data breaches under 100,000 records was \$161. Of the institutions surveyed, the largest share of breach costs (38%) was attributed to lost business including customer turnover, system downtime, and costs associated with obtaining new customers (IBM Security, 2021).

The growing number of cybersecurity incidents is causing insurance underwriters to re-evaluate their practices and pricing algorithms. The AM Best report listed some of the major challenges that the cyber insurance industry faces including rapid growth in exposure without adequate underwriting controls; a growing sophistication of cyber criminals who have been able to exploit vulnerabilities faster than companies can address them; and the far-reaching implication of the cascading effects of cyber risks and the lack of geographic or commercial boundaries" (AM Best, 2021). Guidance and regulation in the cyber insurance industry has been limited except for the inroads made by the states of California and New York. Thus, when seeking current cyber insurance materials to incorporate into college curricula, faculty should look toward the cyber insurance developments transpiring in not only their own jurisdictions but also those of California and New York.

#### **5. STATE AND FEDERAL REGULATION**

The NY DFS has recognized that insurers issuing cyber policies are operating in an area characterized by rapid growth and uncertainty. Insurers have incurred losses due to "non-affirmative" or "silent" risks that are not explicitly included or excluded from property/casualty policies (Lacowell, 2021). The cyber insurance industry is faced with "escalating costs [that] are creating pressure to increase rates and tighten underwriting standards for cyber insurance" (Lacowell, 2021). To support the cyber insurance providers in maintaining financial stability while protecting the people and entities they insure, the NY DFS developed the first Cyber Insurance Risk Framework outlining best practices for managing policy risk. The Framework was developed through a series of meetings with insurers, insurance producers, cyber experts, and insurance regulators across the U.S. and Europe (Lacowell, 2021).

Because future graduates may one day purchase cyber insurance, it is important to be familiar with the direction that insurance companies are receiving from legislative bodies, as well as the framework by which they are formulating policies and thus, pricing policies. In addition, within the Framework, recommendations are made to insurers to gather information about the insureds' governance policy, operations policies, processes, and controls as well as security policies from third party business partners. According to Joshua Mooney, a cyber practice attorney, "Merely evaluating one's cybersecurity policy is like checking to see if the front door is locked, while all your windows and back door remain wide open. Good cyber hygiene is demanded by business partners, regulators, consumers, and specifically in more and more state and federal laws" (Rice, 2021). The quality of a company's risk management program and protective measures will be factored into the determination of the insureds' policy premiums. The following section outlines the NY DFS Framework for insurers to keep in mind as they sell policies. This framework can be used as an outline by instructors for incorporating cyber security concepts into the classroom.

## 6. REFERENCE FRAMEWORK: NY DFS BEST PRACTICE

Through a series of meetings with knowledge experts, the NY DFS formulated the seven best practices listed below to help insurance providers manage their cyber insurance risk. The authors of the framework noted that cyber insurance risk will vary based upon variables such as the insurers' size, resources, geographic distribution, market share, and industries insured (Lacewell, 2021).

1. **Establish a Formal Cyber Insurance Risk Strategy** that includes clear qualitative and quantitative goals.
2. **Manage and Eliminate Exposure to Silent Cyber Insurance Risk** by clearly communicating whether policies provide or exclude coverage for cyber-related losses.
3. **Evaluate Systemic Risk** of the individual insureds and the market as a whole. Risk introduced by insureds' third-party vendors, as well as their subcontractors, should be considered and plans developed to address the losses they may potentially induce. In addition, internal cybersecurity stress tests should be conducted on possible, but unlikely, catastrophic cyber events.
4. **Rigorously Measure Insured Risk.** Insurers should develop "a data-driven

comprehensive plan for assessing the cyber risk of each insured and potential insured including corporate governance and controls, vulnerability management, access controls, encryption, endpoint monitoring, boundary defenses, incident response planning, and third-party security policies" (Lacewell, 2021).

5. **Educate Insureds and Insurance Producers** about cybersecurity and reducing the risk of cyber incidents as well as the measures they can adopt to reduce their insurance premiums.
6. **Obtain Cybersecurity Expertise by Recruiting** employees and consultants with cybersecurity experience and skills to better understand and evaluate insureds' risk.
7. **Require Insureds to Notify Law Enforcement** immediately to aid in the possible recovery of data and funds as well as prosecution of events.

In reviewing the framework above, four of the seven steps are directly affected by the insured entity's knowledge of cyber security including 3, 4, 5, and 7. Although steps 1, 2, and 6 in this framework relate specifically to the insurance provider, they should also be addressed by the insured entity and are also included in the Cyber Security Framework developed by the National Institute of Standards and Technology (NIST). The NIST Framework (complementary to the NY DFS version) was developed to provide "voluntary guidance, based on existing standards, guidelines and practices for organizations to better manage and reduce cybersecurity risk" as well as aid in internal and external cybersecurity conversations (NIST, 2021, para 6).

The framework is used by insurance providers to systematically evaluate companies in determining a company's risk exposure and calculating cyber insurance premiums. Thus, by knowing what the insurance industry identifies as an area of potential vulnerability, the framework provides a systematic outline around which faculty can discuss risk mitigating tactics. In the next section, the authors suggest risk management concepts that faculty can incorporate into their Introduction to MIS course curriculum that align with the DFS framework.

## 7. USING THE NY DFS FRAMEWORK TO INCORPORATE CYBER INSURANCE CONCEPTS INTO BUSINESS CURRICULA

As state and federal governments develop their requirements and recommendations for best

practices to protect against cyberattacks, businesses should be proactive in adopting these actions. Thus, all future business professionals should have a general working knowledge of cyber insurance concepts. Although general MIS textbooks normally have a chapter dedicated to information security, little detail is provided about cyber insurance. In this section, the authors recommend five topics that could be incorporated into the information security section of any course that aligns with the NY DSF framework.

### 7.1 Baseline and Advanced Measures

Minimizing risk of cyberattack benefits both the insured and insurance providers through enhanced protection and cost savings from lower premiums/payouts and fewer events requiring remediation. Cyber insurance experts recommend to businesses both baseline and advanced measures for decreasing the likelihood of cyberattack and recovering expediently in the wake of a breach. Awareness of these measures correlates with NY DFS framework items 1, 5, and 6. Experts recommend first baseline security precautions, including:

1. **Creating backups**, especially critical in cases of ransomware attacks, and to also recover accidentally deleted files and hardware failures, back-up offsite and not locally as ransomware is capturing the on-location sites.
2. **Patching and updating** systems promptly to maintain the security of operating systems, applications, and firmware.
3. **Antivirus protection**, although becoming less effective at preventing problems, companies should have something in place.
4. **Multi-factor authentication** is critical; proving user authorization by password, smartcard, cell phone, or by fingerprint or other biometric indicator (implementers should check the legal requirements of their state before using a biometric device, as it is restricted in some locations).
5. **Security policies** should be implemented and enforced, including an IT user policy, data management policy, and data destruction policy.
6. **Plan for the worst** by developing a business continuity plan, disaster recovery plan, and security incident response. Pay attention to reporting requirements of your state and industry regulators and be prepared to take action in compliance with the law about informing stakeholders of a breach or loss of data/privacy.
7. **Phishing prevention training** is important as about 90% of cyber attacks

are rooted in phishing messages, attachments, and click-through. Security Awareness training is also critical for employees.

8. **Third party expertise** may be hired to test the system and identify weaknesses and issues in need of attention.

Cyber insurers will expect, at the very least, that the above precautions are implemented before a cyber insurance policy is contemplated (StaySafeOnline.org, 2021). Often a business balks at the thought of spending money to develop these baseline security measures; 80% of SMEs don't believe they are vulnerable to a cyberattack or potential data/privacy loss. Increasingly, if a breach occurs and the organization has not taken appropriate precautions, the organization may be liable legally. A good example of the importance of these basic preventive measures is recounted by a cybersecurity expert who was working with a healthcare organization to increase the company's cyber defenses. The expert recommended a multi-factorial authentication system to secure the group's sensitive healthcare information at a cost of around \$8k to implement. The company refused to take this step due to the cost. Shortly thereafter, a provider's laptop containing patient information was stolen. The total bill for this completely avoidable breach was nearly \$3.5 million (Staysafeonline.org, 2021).

Cyber insurance and security experts also recommend, depending on the nature of the company, a combination of additional detection systems and processes to help prevent and mitigate a cyberattack, including:

1. **Endpoint Detection and Response (EDR) Platforms** monitoring and collecting activity data from endpoints that could indicate a threat, analyzing data to identify threat patterns, automatically responding to identified threats to remove or contain them, notifying security personnel, and applying security incident and event management tools to research identified threats and search for suspicious activities.
2. **NextGen Antivirus (NGAV) Software** moves from the signature detection of malware to machine-learning by detecting threats through behavioral analysis; this is also cloud-based to provide faster detection.
3. **User/Entity Behavior Analytics (UEBA/UBA)** uses machine learning, algorithms, and statistical analysis to



detect changes in single user or entity (multiple users) behavior and analyze deviations from established patterns.

4. **Configuration Management and Application Whitelisting** involves identifying and tracking all company software and hardware assets; and indexing approved software with components that are cryptographically hashed and verified to prevent harmful applications.
5. **Segmentation** of networks when you have third party vendors or outside connections; external inputs should be isolated from the primary system by separate VLANs and firewalls.
6. **Outbound filtering** to detect traffic going to unauthorized IP addresses. All outbound connections should be sent through a proxy and monitored for anomalous IP addresses. (Cole, 2021).
7. **Dark Web monitoring** for personal information associated with a leak or data intrusion. Trustwave published a report in 2019 noting that credit card records may go for about \$5.40 on the dark web, while (PHI) personal health information record prices may go as high as \$250 per record. Thus, medical services are especially at risk.

## 7.2 Cyber Security Insurance

Romanosky, Ablon, Kuehn, and Jones examined 67 unique cyber insurance policies filed with state insurance commissioners. Their qualitative paper focused on three themes examining "(1) What losses are covered and excluded by cyber insurance policies, (2) What questions do carriers ask applicants in order to assess risk? and (3) How are cyber insurance premiums calculated?" (Romanosky, Ablon, Kuehn, & Jones, 2019). The authors noted that there can be losses resulting directly from the event (first party losses) and losses incurred as a result of litigation with injured parties. From examining the policies, the authors found that the ten most common covered losses included:

- Cost of claims expenses, penalties
- Public relations services
- Notification to affected individuals
- Services to affected individuals
- Business income loss
- Data or system restoration
- Forensic investigation
- Data extortion expense
- Costs from security breach; data loss
- Costs of damages

They found that the ten most common exclusions included:

- Criminal, fraudulent, or dishonest acts
- Negligent disregard for computer security
- Loss to system not owned or operated
- Bodily injury
- Contractual liability
- Acts of terrorism, war, military action
- Act of God
- IP Theft
- Seizure or destruction of systems by the government
- Fines, penalties, or fees

There are several factors involved in calculating the cost of cyber insurance such as the industry in which the business operates, the type of data that the company handles, the nature of the business, the location of the business, the size of the organization, the amount of risk exposure, the amount of coverage, and the size of the deductible, to name a few (Mak, 2021). In a study conducted by AdvisorSmith in 2020, the organization found that in general, annual premiums ranged from \$650 to \$2,357 for cyber insurance, based upon companies with moderate risks, liability limits of \$1,000,000, a \$10,000 deductible, and \$1,000,000 in company revenues (Mak, 2021). In Romanosky, et al.'s (2019) presentation of their findings at PrivacyCon, the authors provided an example of the factors used to calculate the premium for a California insurance policy (Figure 1). Awareness of these insurance coverage and premium factors correlates with NY DFS framework item 2.

$$\begin{aligned} & \text{(Third party liability base rate) + (First part base rate, if elected)} \\ & \times \text{(Limit factor)} \\ & \times \text{(Retention factor)} \\ & \times \text{(Data Classification factor)} \\ & \times \text{(Security infrastructure factor)} \\ & \times \text{(Governance, risk, and compliance factor)} \\ & \times \text{(Payment card controls factor)} \\ & \times \text{(Media controls factor)} \\ & \times \text{(Computer system interruption loss factor, if applicable)} \\ & \times \text{(Retroactive coverage factor) } \times \text{(claims/loss history factor)} \\ & \times \text{(Endorsement factor, if applicable)} \\ & \text{Final Premium} \end{aligned}$$

**Figure 1: Example Cyber Insurance Premium Breakdown**

## 7.3 Internal and External Audits

Cyber insurers emphasize "cyber resilience" as the key to a strong approach to defending against malicious attacks. Aligning to the best practices of NY DFS, experts recommend examining the security measures of third-party business partners to evaluate the security of the data pipeline. Such partners might include those providing services such as payroll, project

management, IT support, consulting, and financial accounting. A company may have its vendors rated through a System and Organization Controls (SOC) audit conducted by a third-party accounting firm.

During a SOC audit, the third-party auditors critically evaluate the company's data security, integrity, confidentiality, and privacy throughout the organization's operational processes

The result of the audit would be a SOC report, which service organizations (SO) may then share with their stakeholders as evidence that the SO's systems are being secured against breaches and intrusions that may place service data at risk.

In addition to these external audits, in-house canvassing of controls and operating effectiveness should be conducted by companies. Because cyber insurance providers expect clients seeking insurance to self-assess everything from corporate governance and controls to system vulnerability, businesses should be identifying and vetting their existing infrastructure, and making upgrades to improve their ability to secure cyber insurance at a reasonable rate. Awareness of these measures correlates with NY DFS framework items 3 and 4.

#### 7.4 Reporting

NY DFS framework #7 specifies that it is critical for businesses to know what is required of the organization with regard to reporting the loss of individuals' Personal Identifying Information (PII). According to a November 20, 2020, report by the American Academy of Actuaries (AAA) Cyber Risk Task Force, "each state and territory of the U.S. has its own statute(s) covering the responsibilities of companies operating in that state in the event of cyber breaches of PII. These statutes include the delineation of covered information, notification requirements as well as potential penalties, and exposure to litigation resulting from a breach that exposes consumers' PII to outside parties." (AAA Cyber Risk Task Force, 2020, 3).

Because most commercial cyber breaches are regulated only at the state level, it is imperative that businesses be aware of their reporting requirements and obligations. Below are some of the considerations for businesses developing cyber defense response plans related to reporting:

1. **Scope.** This category varies by state and determines if your business is required to report to clients/customers in the case of a

breach. Almost every state with a regulation compels commercial companies to report PII breaches.

2. **Covered Information.** The information subject to the law that must be reported varies; but for the majority, "covered PII includes at least first initial or name and last name in tandem with at least one of the following: Social Security number (54 states), driver's license number (53), financial account numbers combined with any code necessary to access the account (52), and any other unique identifier information provided by the state or other government body (46)." (AAA Cyber Risk Task Force, 2020, 7).
3. **Breach Definition.** According to the Cyber Risk Task Force, "in all jurisdictions except one, a breach is explicitly described as an "unauthorized" access or acquisition of unencrypted covered PII" (p. 9)
4. **SafeHarbor/Exceptions.** Again, according to the Cyber Risk Task Force: "in every jurisdiction, statutes do not apply if accessed data is encrypted (and the encryption key was not uncovered) or otherwise rendered unusable through redaction or other means." (AAA Cyber Risk Task Force, 2020, p. 9).
5. **Harm Threshold.** This factor relates to the level of potential misuse of the PII that was accessed. This varies widely among states; for example, "fourteen jurisdictions do not require notification unless there is a reasonable expectation that the covered information can be used to cause identity theft or fraud; 14 other states do not stipulate any harm threshold, so all breaches involving covered PII must lead to notification." (AAA Cyber Risk Task Force, 2020, p. 9).
6. **Consumer Notice.** The timing of required notice also varies considerably depending on jurisdiction. The average amount of time is 45 days between the time of the breach and when the consumer must be notified, but it can be as short as "as soon as possible" to as long as 90 days. The timing is critical because a number of states will fine businesses (ranging from \$5,000 to \$750,000 per infraction) that do not comply with the reporting schedule. Compliance also will benefit the organization in civil litigation as a show of good faith. Data breach notification laws vary by state; IT Governance keeps an updated database of current statutes at <https://www.itgovernanceusa.com/data-breach-notification-laws>.
7. **Other Notices.** A number of jurisdictions require governmental authority notification, such as to a regulatory body or attorney

general. The Consumer Reporting Agency (CRA) must also be notified in many jurisdictions. If the breached organization is holding data on behalf of a third-party, almost all states require notice to the third parties.

Awareness of, and compliance with, reporting requirements in the event of a breach are indispensable elements of a company's cyber attack planning protocol. Protection of client information and timely reporting is also essential to procuring a cyber insurance policy that will support the organization in the ever-more-likely event of a breach or data compromise.

### **7.5 Continued Education**

Continuing to learn and maintain currency in cyber security developments through established industry and security news sources and white papers correlates with NY DFS framework item 5. For instance, Trend Micro (2021) recently released a white paper noting that there is "a shift in the ransomware business model" with significant changes seen in payment and collaboration, ransomware monetization, and the vulnerability and exploit market. Some attackers are using ransomware affiliate programs, such as Ransomware-as-a-Service (RaaS), that are highly professional and user-friendly and offer almost no barrier to entry for would-be hackers (Fuentes, et al., 2021; Walter, 2019). Potential hackers provide either an "up front" payment or provide a share of the profits. Thus, the potential for an increased number of ransomware attacks is growing. Likewise, future business professionals need to be aware of preventative actions they can take. In the next section, the authors describe exercise that can be incorporated into the classroom.

## **8. INCORPORATION OF CONCEPTS INTO THE CLASSROOM**

An option for introducing the concepts in this primer to students is through the use of "Tabletop Exercises" (TTX). (More information about TTX's can be found at <https://www.cisecurity.org/ms-isac/tabletop-exercises-ttx>.) Because training is crucial to responding appropriately in the event of a critical incident, short discussion-based scenarios can be key to creating awareness and highlighting preparation. We have included in Appendix I, a tabletop exercise based on cybersecurity issues, and in Appendix II, an additional resource guide to other scenarios and games which may be adapted for use in the classroom.

### **8.1 Mini-case**

Appendix I includes a tabletop exercise designed and used by one of the authors for a healthcare database systems course. The course is taught to a combined group of undergraduate and graduate students specializing in healthcare administration. All of the students have had a foundational undergraduate MIS course in which they learned general MIS security concepts. The mini-case, focusing on IT infrastructure and security concepts, asks students to apply the concepts to a given scenario. The students are also asked to answer questions that can then be discussed in class. The assignment was successfully used during the fall 2021 semester.

### **8.2 Recent Developments Discussion**

Faculty could use this article to provide an overview of security concepts as well as directly address the role of cyber insurance in business. This information could be used to supplement current course security content. After covering the content, faculty could ask students to find a current news article on a recent cyber breach and then have the students analyze the business and breach given the NY DFS framework or concepts provided in the article.

### **8.3 Tabletop Exercises**

In Appendix II, the authors have included a resource guide to other tabletop exercises (TTXs) and games which may be adapted for classroom use. The resources include TTXs from educational and government centers focusing on varied scenarios, such as failed patches, phishing incidents, and ransomware attacks. Several game sites are also included, such as the NOVA labs exercise where students can defend a company under cyber-attack. The exercises can be used to discuss security gaps and infrastructure and policy issues that would require attention before applying for cyber insurance.

## **9. LIMITATIONS**

As indicated throughout the paper, there are many factors involved in determining cyber insurance policy coverage and prices. Some of those factors are specific to the organization, while others are external. Legislation, regulations, and requirements associated with cyber security, incident reporting, and cyber insurance policies and requirements are constantly changing and vary by location and industry. In addition, the authors focused on requirements associated with the cyber insurance field in the U.S. and did not research international requirements.

## 10. FUTURE RESEARCH

The level of interest in cyber insurance is escalating. The amount of published information increased significantly over the year that the paper was under review. Future researchers may want to focus their efforts on examining the differences in security policies among various industries and organization sizes. Researchers may also consider interviewing security experts to discuss their concerns regarding risks, vulnerabilities, and policy compliance.

## 11. CONCLUSION

In this paper, the authors review relevant literature relating to the characteristics of cyber insurance and the state of the cyber insurance industry. As data reporting breaches continue to rise, it is critical that future graduates are aware of the need for cyber insurance in business, as well as the risk management efforts required to secure policies and protect organizations. The authors provided an exercise that they have incorporated into the classroom as well as made recommendations to help faculty incorporate cyber insurance content into their business curricula.

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### Editor's Note:

*This paper was selected for inclusion in the journal as an EDSIGCON 2021 Meritorious Paper. The acceptance rate is typically 15% for this category of paper based on blind reviews from six or more peers including three or more former best papers authors who did not submit a paper in 2021.*

## APPENDIX I

### Mini-case: Homegrown Security at Small Town Medical Clinic Discussion Exercise

Billy had just finished entering data and placed the last call on his list of patient reminders. He had thirty more minutes to kill before his shift would be over. He was looking forward to going home to try out a new multi-user group game he had learned about from one of his gamer buddies. He knew it wouldn't be right to play the game at the office, but he didn't see anything wrong with checking out the related informational link that someone had forwarded to him. He couldn't get the link to open on his phone, so he decided to open his personal email on his office computer. The gamer had really talked up this brand-new game, so he couldn't wait to try it out. Immediately after clicking the link on the forwarded email, the computer screen went dark and an ominous message appeared in red...

Billy had recently been hired to work part time as a scheduler at Small Town Medical Clinic (STMC), a two-physician practice located in southeast Missouri. His job was to enter data into the electronic medical record (EMR) system as well as to assist their new clinic physician, Dr. Jones, by scheduling patient appointments, fielding patient calls, and making calls to patients to remind them of their upcoming appointments. Once he was familiar with office operations, he would perform those tasks for the other physician as well.

The clinic used an older EMR system that was stored on a server in a back office and networked to two physician tablets, one nurse tablet, one PC at the front desk, Julie's (the new office manager) computer, and the backup computer that Billy used in the same back office where the server was housed. All of the computers had access to the EMR. The tablets, computers, and the server all had firewalls and antivirus software. All of the computers were connected to the Internet. The wireless hotspot was not password protected allowing both clinic employees and patients to easily access the Internet from mobile devices. The office manager oversaw all operations in the office including ensuring that the EMR and computers were in working order which included overseeing the contract for computer support. The clinic had recently contracted with a local IT consultant after their in-house part-time IT person left. The IT consultant was hired to fix problems, maintain hardware, install software updates and patches, monitor server traffic for suspicious activity, ensure working server backups, ensure data compliance, and be on-call to help with computer problems. The server was backed up once a week and the backup was then stored on Billy's computer. The current and previous weeks' backups were retained but older backups were overwritten.

Upon hire, Billy was given a network login and created an associated password that never expired. His login would allow him to access the server and Internet from any computer. Billy was also given a policy manual that explained office policies including an acceptable use policy for technology. He was asked to read the manual before his first day in the office. However, the manual slid under the front seat of his car, and he had forgotten about it.

Julie had scheduled a meeting for later that day to meet the IT consultant. She had several concerns about their current setup and wanted to see about purchasing some additional services. She wanted to make some improvements before something bad happened and they were sorry.

### Questions for Discussion

1. Based upon the article and your knowledge, what concerns should Julie have about the security of the current system?
2. What additional IT services should Julie purchase?
3. Do you think Small Town Medical Clinic should purchase cyber insurance? Why or why not?
4. Assuming that you think they should purchase cyber insurance, what would need to be corrected before Small Town Medical Clinic could purchase cyber insurance?

## APPENDIX II

### Tabletop Exercise and Game Resource Guide

Tabletop exercises are often used by organizations to examine and discuss scenarios, roles, responsibilities and actions in an informal setting around a table. More information about tabletop exercises can be found at <https://www.cisecurity.org/ms-isac/tabletop-exercises-ttx>. The resources listed below focus primarily on security issues, creating awareness of the vulnerabilities in computer information systems, and the need for infrastructure upgrades, monitoring, policies, and cyber insurance. The scenarios indicate the types of holes in security frameworks that may need to be addressed before the organizations can apply for cyber insurance.

(1) Center for Internet Security. Resource located at [Six-tabletop-exercises-FINAL.pdf \(cisecurity.org\)](#).

Six scenarios are included in this resource, covering topics such as failed patching, malware infection, a hacking incident, cloud storage compromise, ghost employees on payroll, and ransomware attacks during a natural disaster.

(2) Washington Technology Solutions. Resource located at: <https://cybersecurity.wa.gov/tabletop-exercises>.

The site contains almost two dozen scenarios covering everything from DNS amplification attack to handling IT infrastructure during a pandemic. According to the site, "the goal of the tabletop exercise is to increase security situational awareness and to facilitate discussion of incident response in as simple a manner possible; targeting a time range of 15 minutes."

(3) Article: Game-based learning: A review of tabletop exercises for cybersecurity incident response training. Resource located at: <https://onlinelibrary.wiley.com/doi/10.1002/spy2.126>.

This article by authors Gideon N. Angafor, Iryna Yevseyeva, and Ying He reviews commercial and academic tabletop resources and exercises.

(4) National Association of Regulatory Utility Commissioners. Resource located at: <https://pubs.naruc.org/pub/615A021F-155D-0A36-314F-0368978CC504>.

Guide to designing cybersecurity tabletop exercises which includes examples of scenarios (See Appendix A of the Guide). Issues include a ransomware attack, a cyberattack on regulated utilities, and a combined cyber incident and workforce disruption.

(5) FINRA. Resource located at: [https://www.finra.org/sites/default/files/2019-10/2019\\_SFC\\_Cybersecurity\\_Guidance.pdf](https://www.finra.org/sites/default/files/2019-10/2019_SFC_Cybersecurity_Guidance.pdf).

This site provides cybersecurity tabletop exercises related to security in small financial businesses. Exercises include phishing email scenarios along with detailed information about incident responses and operational plans for small financial businesses.

(6) FDIC. Resource located at: <https://www.fdic.gov/regulations/resources/director/technical/cyber/cyber.html>.

The FDIC created Cyber Challenge: A Community Bank Cyber Exercise to encourage community financial institutions to discuss operational risk issues and the potential impact of information technology disruptions on common banking functions. The site includes nine scenarios at small banking institutions as well as training videos.

(7) Ready.gov. Resource located at: <https://www.ready.gov/business-continuity-planning-suite>.

The site discusses Business Continuity Planning importance and processes with videos and software.

(8) Texas A&M. Resource located at: <https://keeptraditionsecure.tamu.edu/>.

The game resource at this site "is part of a series of games developed by Texas A&M Information Technology with the aim of promoting Cybersecurity Awareness Month. In it, a hacker codenamed "Bad Bull," threatens the traditions of the Texas A&M campus. To track the threat, the user needs to answer relevant cybersecurity questions while roaming the campus."

(9) The Fugle Company. Resource located at: <http://targetedattacks.trendmicro.com/>.

This resource is a game that poses a number of security related decisions for a corporate CIO: "In this game, a video is presented to the user where he can choose the strategy, the way forward, and a defined budget. The idea is to transform the user into a CIO at Fugle, Inc. with the power to make decisions to protect confidential company information exposed to possible security problems. The goal is to make good use of the budget by making the best decisions."

(10) NOVA Labs. Resource located at: <https://www.pbs.org/wgbh/nova/labs/lab/cyber/>.

This is an online game by PBS: "Take cybersecurity into your own hands. In this Lab, you'll defend a company that is the target of increasingly sophisticated cyber attacks. Your task is to strengthen your cyber defenses and thwart the attackers by completing a series of cybersecurity challenges. You'll crack passwords, craft code, and defeat malicious hackers."

(11) Cybersecurity and Infrastructure Security Agency. Resource located at: <https://www.cisa.gov/cybergames>.

CISA and the Pacific Northwest National Laboratory partnered to develop a series of educational cybersecurity games available on mobile devices. Each game presents simulated cybersecurity threats, defenses, and response actions. The games are available for download on Android and Apple iOS devices.