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## Assessing EMBA Programs: A Benchmarking Approach

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# Assessing EMBA Programs: A Benchmarking Approach

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## ABSTRACT

Schools of business are under increasing pressure to enact significant programmatic reforms as a result of globalization and the technological revolution. These requirements call for new and innovative curriculums and delivery systems. Executive management education in particular is undergoing a transition to a more experiential learning environment. The purpose of this paper is to present the results of a satisfaction survey of alumni from an executive MBA program (EMBA) and to outline how learning systems technology can be used to improve program performance. The data show that program quality and perceived student value are strongly linked. The insights gained from this study suggest that the increased use of learning technology in EMBA type programs can assist in improving quality but will require a coordinated effort among faculty, suppliers and administrative staff.

**Keywords:** EMBA, program design, alumni survey, benchmarking

## 1. INTRODUCTION

The number of working managers returning to the classroom is growing (Edgington, 2004). These students are interested in a practical curriculum that features convenience and focuses on results. To meet these basic requirements, the general curriculum direction in management education is moving increasingly towards a learning-centric perspective (Driver, 2002). Learning support technology (LST) is a key ingredient in this new delivery stratagem. Many students who have been exposed to LST tend to favor this approach over the traditional classroom-centric model (Lundgren, 2003). These systems are

receiving increased attention because they offer students engaged in management education both a flexible and an integrated learning experience (Kathawala, 2002).

Executive MBA (EMBA) programs are usually conducted in a style and format different from standard MBA programs. Some specific characteristics unique to most EMBA programs include the following:

- Reduces emphasis on traditional lecture format.
- Uses lock-step cohort student groups.

- Focuses on collaboration and hands-on exercises.
- Takes into account student work demands and travel schedules.
- Permits students to use actual work projects in courses.
- Features more learning from other students (andragogical).

The characteristics of an EMBA learning paradigm call for both an integrated as well as a results oriented style which in many ways mimics modern business practice (Schelfhauadt, 2005). This approach is particularly appropriate for working managers since many already possess a rich work related experiential base that can contribute to the collective learning environment (Monks, 2001). In an integrated management education pedagogy the focus is on understanding how basic management functions such as operations, finance and marketing are linked. Furthermore, graduate students tend to participate more in learning systems that are content rich and that feature extensive variety (Neo, 2004). These perspectives provide the impetus for the use of learning system technology to support program and curriculum goals (Jorgensen, 2002).

Ongoing assessment represents another essential element in the curriculum design process. Figure 1 illustrates a curriculum assessment process based on benchmarking. An essential ingredient in the benchmarking process in education, as illustrated in Figure 1, is student feedback (Drexler, 2000). Internet based surveys provide one means of obtaining student feedback on curriculum design, delivery and related program dimensions such as student support services. Figure 1 also highlights the large number of stakeholders that need to be considered in the curriculum assessment and design process (administration, faculty, students, business, accrediting body).

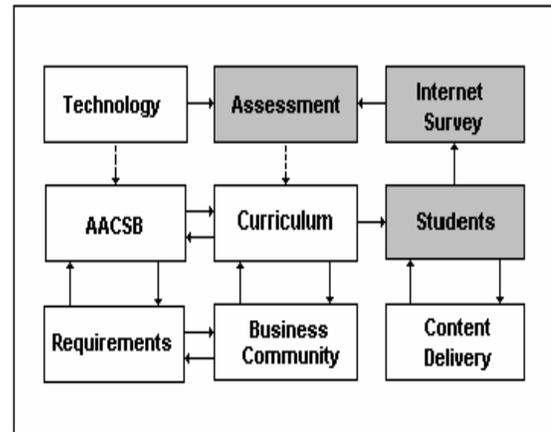


Figure 1 – Assessment Process

As one component of this assessment paradigm a survey of EMBA graduates was conducted on a variety of program issues. The results of the survey are presented in the following section.

## 2. ALUMNI SURVEY

A 30-question instrument was developed to assess the alumni's overall satisfaction with a 20-month executive MBA (EMBA) program. After a pre-test, the survey was distributed to approximately 500 alumni that had graduated between 1999 and 2005. The survey was conducted over the Internet. Some specific alumni demographics of the surveyed cohort group are reported in Table 1 along with a comparison with the top 25 EMBA worldwide programs as ranked by *Businessweek* (2005). For example, these data shows a higher percentage of females in the EMBA program under study compared with the average for the top 25 ranked programs and a lower percent of students with a prior graduate degree.

The number of initial respondents to the 500 surveys distributed was 63. An Excel database was developed from the questionnaire responses. The demographic factors (age, gender, income, organization type) were characterized using dummy variables due to the limited size of the preliminary response rate. The alumni preferences were

measured on a standard 1-to-5 Likert scale. Table 2 provides a sampling of selected survey preference questions along with the associated metric and ranking (5=strongly agree).

Table 1 – Comparison of Selected Descriptive Statistics

| Factor            | Cohort Group | TOP 25 EMBA (average) |
|-------------------|--------------|-----------------------|
| Age (yrs)         | 36           | 36.1                  |
| Gender(% female)  | 37           | 18.8                  |
| Experience (yrs)  | 12           | 12.7                  |
| Graduate Deg. (%) | 9            | 26                    |

Table 2 – Selected Alumni Satisfaction Statistics (5=strongly agree)

| Question                   | Mean | Rank |
|----------------------------|------|------|
| Glad enrolled              | 4.35 | 1    |
| Learning groups important  | 4.35 | 1    |
| Capstone project important | 4.21 | 3    |
| Recommend                  | 4.03 | 6    |
| More technology            | 3.87 | 10   |
| Program Value              | 3.73 | 13   |
| Program Quality            | 3.13 | 19   |

These data suggests a wide variance of student perspectives (4.35 to 3.13). "Glad I enrolled in the program" is ranked first while "Consistent Program Quality" is ranked last at 19<sup>th</sup>. Clearly, improving quality consistency throughout the program should be a top priority. One approach for addressing this challenge is through the use of learning technologies.

### 3. RESULTS ANALYSIS

The database was further explored using correlation analysis and neural nets. The only two statistically significant cor-

relations (Pearson) at the 0.05 level were:

- Gender and Age ( $r=-.32, p=.02$ )
- Quality and Value ( $r=.55, p=.00$ )

As a result, quality was added to the predictor variable set as part of the neural net analysis. Neural networks (NN) have seen increased use in educational applications since the underlying relationships between variables are somewhat ill-defined as in the case of student learning (Gonzalez, 2002). Table 3 shows the relative importance of the predictor variables where perceived value is the target variable (Huang, 2002).

Table 3 – Variable Comparisons for Perceived Value (Target)

| Variable   | NN (weights) |
|------------|--------------|
| Quality    | 0.81         |
| Age        | 0.12         |
| Income     | 0.06         |
| Gender     | 0.01         |
| Org. Type  | 0.00         |
| <b>COD</b> | <b>0.36</b>  |

These results simply underscore the importance of quality as related to perceived program value.

### 4. TECHNOLOGY INITITIVE

The survey data indicated that program quality was ranked last and the subsequent analysis revealed that quality is directly related to perceived value. Learning systems technologies (LST) represent one approach for improving quality consistency in an EMBA type program (Nambisan, 2004). This observation is particularly insightful due to the fact that technology was used rather sparingly in the surveyed EMBA program. Some specific LST applications that appear particularly attractive for EMBA programs in general and the sur-

veyed program in particular include the following (Creaser, 2002):

- Blogging (Complements the "checking in" process).
- Chatrooms (Linear and threaded case analysis).
- Simulation (Strategic and discipline specific).
- Virtual experiences (Industrial tours and seminars).
- AI based support (Search engines).

Within this context there are a number of program structural issues that need attention. These include system implementation and operation. Some specific administrative challenges in implementing learning system technology are highlighted in the following:

- Training faculty for successful system deployment and usage.
- Providing the highest quality standards.
- Setting specific performance goals and metrics for measuring student performance and expectations.
- Maintaining format consistency throughout the program
- Preparing students for entry and on-going use of learning nets.
- Establishing the overall school culture that fosters technological innovation.

Successful system implementation requires a coordinated effort among program faculty, technologists and administrative staff. One implementation strategy is to deploy a prototype program using a specific executive MBA section. Typically, EMBA class sizes tend to be relatively small. This condition tends to help ameliorate the standard problems associated with implementing significant changes in management education programs with a large student body. Student acceptance is arguably

the most significant factor in deploying a new program (Martins, 2003). Developing the internal capability to institute an increase in management technology can be complex and expensive. Furthermore, an internalized approach may not take advantage of the ongoing developments in delivery technology, e.g., search engines. One emerging implementation strategy that is designed to help overcome the aforementioned issues consists of developing institutional partners with both content and application service capabilities (Sorel, 2001). One approach for helping introduce new learning technologies in an EMBA curriculum is through a process known as benchmarking.

## 5. BENCHMARKING

Benchmarking, first introduced by Xerox in the mid-1970s, has seen growing usage throughout schools of business (Amin, 2003). Basically benchmarking is a process for supporting continuous improvement through a combination of internal review and external assessment. Among other things benchmarking brings out new methods, ideas and systems to improve curriculum effectiveness. One definition that captures the essence of benchmarking as related to management education curricula is as follows (Harrington, 1996):

"Benchmarking is a systematic way to creatively evolve superior products, services, designs, equipment, processes, and practices to improve your organization's real performance."

The basic steps common to most benchmarking processes as related to curriculum development include the following:

- Identify key variables and factors in the curriculum.
- Identify the "best-in-class" b-schools having a similar mission statement.

- Characterize the performance of each organization using the key variables.
- Measure the performance of your school.
- Develop an action plan for improving key performance metrics based on leapfrogging.
- Implement the plan including provisions for ongoing monitoring and revision.

Benchmarking enables curriculum designers to develop significantly more viable designs using a systematic approach that takes into account the various stakeholders such as students, alumni, the business community, accrediting body, faculty and administrators. Typically, benchmarking involves both informal and formal dialogue with these stakeholders. Internet based surveys provide a cost-effective approach for supporting an ongoing formal dialogue process. However, benchmarking involves more than simply looking inward. Identifying those b-schools, with a similar mission statement, deemed to be engaged in best practices can also contribute to developing an effective plan. The idea is to identify the very best practices on a worldwide basis.

This characterization can be made through contacting accrediting bodies, like the Association to Advance Collegiate Schools of Business (AACSB), and through an extensive literature review (Aupperle, 2003). Leapfrogging, a key outcome of the best practices assessment process, is a construct by which progress is made in large jumps instead of in small increments. Inventiveness, technological innovation and ingenuity are the building blocks of leapfrogging. For example, many universities are adopting the B-to-C (Business to Consumer) commercial model developed in the late 1990s for delivering content in

a more cost-effective manner (Smilor, 2004).

## 6. CONCLUSIONS

The call for the increased use of learning technology throughout EMBA programs is on the rise. Learning systems technology provides a vehicle for moving from a teaching-centric towards a learning-centric educational paradigm, which is particularly attractive for executive graduate management education. The survey data show that assessed quality and perceived program value are strongly linked. A neural net analysis of the database further underscores the link between program quality and perceived value. One strategy for implementing learning systems technology is through institutional partners that possess both content and application service capabilities. One approach for helping implement learning systems in an EMBA curriculum is through the use of benchmarking. This process provides a structure for "thinking outside the box" as well as for continuous improvement.

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